

THE ATHLETE'S PLEDGE

Individual and team success in sports results from commitments. The extent to which young athletes are able to make such commitments reflects their maturity as well as their dedication to family, friends, school, and team. Your coach already has made a similar kind of commitment. We ask you to read and agree to the following Pledge:

As an athlete in my school, I promise

1. To be a worthy representative of my teammates and coaches, abiding by school and community expectations and reflecting my team's values of **commitments and hard work**.
2. To maintain my **health and fitness levels** by following the training rules as prescribed by the Athletic Department.
3. To reflect the knowledge that a commitment to victory is nothing without the commitment to **hard work in practice**.
4. To attend every practice unless excused by my coach. You must tell your coach or Mr. Scott if you are unable to be there. **Missing practices will result in less playing time**.
5. To understand that my future as a responsible adult relates more to my **academic** than my athletic activities.
6. To find the time to satisfy my family **relationships and responsibilities**.
7. To accept the responsibilities of team membership: **cooperation, support of my teammates, shared responsibilities, positive interaction, and mutual respect**.
8. To reflect my **Christian beliefs** that true strength involves gentleness and that even the toughest athlete is sensitive to others.

I HAVE READ THE ABOVE STATEMENTS AND PROMISE TO LIVE UP TO THEM.

Athlete's signature: _____

Date: _____

Please return this page to Mr. Brad Scott by September 27th, 2010

Thank you,

*St. Boniface Diocesan High School
Athletic Department*



**CODE OF ETHICS AND RULES OF CONDUCT FOR M.H.S.A.A. COMPETITORS
ST. BONIFACE DIOCESAN HIGH SCHOOL ATHLETES**

1. Any athlete is jointly representing school and zone when attending an association championship. This confers a responsibility on the individual competitor both when engaged in competition and when not involved.
2. Adults who work with students in interscholastic activities should present positive role models for them to emulate. Students who represent a school in interscholastic activities must be creditable school citizens.
3. The association recognizes that the school administration is responsible for all athletic programs and the conduct of all school representatives, whatever the level and location of the competition.
4. All competitions must be conducted with a high standard of courtesy, fair play and sportsmanship. All those involved share this responsibility. If this responsibility is not properly discharged, the onus will be placed on the tournament convenor to deal with inappropriate behaviour and the convenor's ultimate response must, of necessity, be threat and punishment. In recognition of this responsibility, the association presents the following principles and rules which will apply to any association championship:
 - a) The coach, as an extension of his/her school's administration, bears the responsibility for preparing athletes in such a way as to leave no doubt whatsoever as to precisely what conduct is expected of them at the championship.
 - b) The school administration bears the responsibility for the supervision of its athletes for the entire period during which they are absent from the school or home. Every school team must be coached, supervised or chaperoned by a staff member. During competition, every school team must be accompanied by a teacher-coach or teacher-supervisor.
 - c) The consumption of any alcoholic beverage by competitors at any time during an association championship is expressly forbidden. Although 18 year olds have the legal right to drink, they have, in view of the circumstances, the responsibility of abstaining.
 - d) Drugs, other than those prescribed by a medical doctor for a specific competitor, who likewise has been given permission by that doctor to compete, are expressly forbidden.
 - e) In the event of a situation arising from a breach of any of the association rules of conduct or code of ethics, every effort will be made within an appropriate time frame to establish an assessment of the incident.
 - f) Should a tournament convenor and/or designate, in consultation with the appropriate association representative to the contest, feel that individual or team disqualification from a contest is appropriate, as a result of a breach of the rules of conduct occurring during the competition or at any other time, then such disqualification penalties may be involved.
 - g) In the event of a disciplinary disqualification of an individual or team, a letter outlining the reasons for this action will be sent to the principal of the school concerned, with a copy of the appropriate zone representative. Further, all points and/or results gained by the individual or team in question will be stricken from the record of that championship subject to appear to the Board.
 - h) The cost resulting from any damage as a result of a misconduct of any team or individual shall be forwarded to the appropriate school, which will assume full financial responsibility.

I have read the above-noted Code of Ethics and Rules of Conduct as set forth by the M.H.S.A.A. and agree to abide by them.

Please return this form to **Mr. Brad Scott** by September 27 , 2010.

Athlete's signature

Date

Parent's signature

Administrators, teacher-coaches, teacher-supervisors and officials must assume responsibility for the application of this code. Tournament chairmen/convenors will alert the association's Board of Directors to discipline problems which may develop at M.H.S.A.A. championships. The M.H.S.A.A. Board of Directors will advise school administrators of breaches of the code by students and/or coaches.